

Strengthening Frontline Health Workers and Advocacy to Support Youth Friendly Services



A doctor suggested the knowledge of reproductive health to villagers

GLIMPSE



Location
Vientiane Capital

TimeFrame

1 October 2019 until 31 March 2021

Beneficiaries

Direct 1,000 people, women 1,000
Indirect 6,000 people, women 5,000

Partners

Ministry of Health (MoH)
Vientiane Capital Health Office

BACKGROUND

In 2014, as part of its Marginalized Urban Women (MUW) Program, CARE International in partnership with Lao Women's Union and Vientiane Capital Health Office piloted an initiative to improve health and wellbeing of young migrant women and girls working in the garment industry in Laos. The project directly reached over 3,000 garment workers through health education and health services via mobile clinics and Vientiane Youth Center (VYC) clinic.

Building on the achievements and lessons learned from the previous phase, the 2019-2020 project seeks to extend vital SRHR services and education to another 3,500 (direct beneficiaries) female garment workers in 10 factories of Vientiane, to further improve project approaches and continue innovative tools, such as use of mobile technologies and social media, to deliver higher project impact. CARE will engage health institutions and government partners to promote youth-friendly services that specifically cater to the needs of marginalized urban women, including young women working in garment factories, and advocate for increased national commitment and resource allocation in this regard

OBJECTIVES

Lao Garment Factory Workers have improved sexual and reproductive health and rights

Donor agencies

Glaxo Smith Kline (GSK)



OUTCOMES

- **To strengthen the capacity of frontline health care workers to have quality knowledge and skills in providing better youth friendly services by providing trainings and access to said services by supporting the provision of private spaces within health care centres**
 - Train Youth Friendly Services to health centre staff and infirmary staff of factories
 - Print pamphlets regarding resources available in health centre for SRH issues
 - Provide private spaces for health centres
 - Adapt and pilot GSK-CARE Cambodia Healthy Mother App
- **To improve the knowledge and awareness of sexual reproductive health for garment factory workers to enable them to make informed choices and protect themselves from STIs and unwanted pregnancies**
 - SBCC trainings for garment factory infirmary staff
 - SBCC training directly to garment factory workers
 - Health awareness outreach through social media
- **To advocate for weekend services, mobile clinics and private spaces by partnering with the MoH and conducting research for potential replication and long-term sustainability**
 - Formal Research Study on SRH through youth friendly services

IMPACTS

The project will benefit the population of selected garment factories, health centers and health care providers. See detailed table below;

Expected Direct Beneficiaries Reached:

2,000 people received counselling on youth friendly services in private spaces
1,500 women and girls receive health education and awareness training using SBCC package
15,000 women and girls reached through social medial outreach activities

Expected Indirect Beneficiaries Reached:

6,000 garment factory workers working in 10 garment factories in 5 districts in Vientiane Capital
5,000 women, men and girls from community around 10 health centre that CARE provided private spaces

Expected Health Workers Trained:

10 factory health workers received training on SBCC package
50 health centre staff are trained to perform SRHR counselling on youth friendly services
12 health care providers from factories and health centres trained on Healthy Mother App

Garment factory workers took a rest after working



CARE International in Lao PDR

Vientiane Office

P.O Box 4328, Nongsangthor Rd, Ban Nongsangthor, Vientiane, Lao PDR

Tel: (+856-21) 217 727

E-mail: Lao.info@careint.org

www.care.org.au/country/Laos